

ROPE RESCUE

Mountain Rescue Workshop



The Mountain Rescue Workshop is not by any means a beginning rope rescue program. It is a serious venture and complete immersion into rescue systems that can sometimes be overwhelming to some less experienced practitioners.

Smith Rock

The Mountain Rescue Workshop - ROCK is a minimalist approach to mountain rescue procedures and teaches the access, stabilization, and extrication of patients involved in mid-face free or aid climbing accidents. The MRW-R goes well into often overlooked personal top down skills involving solo (one rescuer) and semi-solo (two rescuer) victim evacuations employing the rescuers personal AZTEK kit. Also, the workshop explores the use of improvised low edge techniques for very difficult litter evolutions as well as artificial high directionals in the remote wilderness location. The crux of the MRW-R is were students free climb (or ascend) using the bight-carry technique to position a high directional above the victim on a wall.



SPONSORED BY RESCUE RESPONSE GEAR

WHEN: JUNE 17TH-23RD, 2006 (EXPECT: 10-12 HOUR DAYS, ANY WEATHER CONDITION)

WHERE: SMITH ROCK, OREGON AND SURROUNDING AREA

HOW: REGISTER ONLINE AT: ROPESTHATRESCUE.COM - SEE LIST OF REQUIRED EQUIPMENT

COST: \$ 750

INSTRUCTOR: DOUG CLARK

MOUNTAIN RESCUE WORKSHOP KEYPOINTS:

- Mountain rescue basics
- Bottom up versus top down rescue techniques
- Introduction to pulley systems
- Physics for mountain rescue
- Use of AZTEK kit in mountain environments
- Solo rescuer pick off
- Semi-solo rescuer pick offs (“gecko” and hanging) using tools from harness
- Mid face litter scoops
- Lead climbing (optional) using bight carry technique for extreme bottom up rescues
- Belays, self belays, conditional belays and conditional self belays
- Improvisation and a ‘minimalist’ approach to mountain rescue
- Patient assessment and packaging in mountain environment
- Rappelling techniques with improvisation in mind
- Sound anchoring principles with sketchy rock climbing protection
- Slack backups vs tensioned backties
- Drilled pitons in various rock types
- Active and passive rock climbing protection placement
- Split coil carries: low angle carries
- Wood frame artificial high directionals
- Cocoon stretchers from climbing rope only
- Caterpillar passes and role rotation during litter carries
- Much more ...